nibbles		pizzas	
hummus, pitta bread	5	classic margherita: tomato ragu, mozzarella	13
olives, crostini	5	the trifecta: bacon, hand-carved ham, chorizo, pepperdew, honey drizzle	17
starters		hippy picnic: cauliflower, roasted peppers, sun dried tomato, red onion, olives, mushroom	15
	-	hawaiian: hand-carved ham, seared pineapple	16
soup of the day, ciabatta roll (vegan option available)	7	hawaiian heatwave: hand-carved ham, seared pineapple, pepperdew, jalapeno sauce	17
nachos, guacamole, sour cream, salsa	9		
salt and pepper squid, sweet chilli sauce	9	salads	
whitebait, home-made tartare sauce	8		40 (1) 47 ()
scallops, leeks, chilli butter	11	scallop and chorizo salad, sweet chilli sauce	10 (sml), 17 (large)
home-made smoked mackerel pate, crostini	9	Greek salad: cherry tomatoes, cucumber, red onion, feta cheese (Vegan option available)	8 (sml), 15 (large)
		Chicken Ceasar salad	9 (sml), (17 large)
mains		Dressed crab salad, marie rose sauce, ciabatta	20
	4-7	sides	
Newlyn fish in beer batter, chips, peas	17	fries	5
steak burger, baby gem, tomato, red onion, garlic mayonnaise, fries	16	house salad	5
add cheese add bacon	1 1	2 slices of home-made garlic bread	3
garden vegetable burger, baby gem, tomato, red onion, chilli jam, fries (vegan option available)	15	2 slices of cheesy garlic bread	4
hand carved ham, seared pineapple, eggs, fries	15		
moules mariniere, ciabatta, fries	9 (sml), 17 (large)		
chicken and pancetta linguine with garlic ciabatta	15		
artichoke heart, spinach and mushroom linguine with garlic ciabatta (vegan option available)	13		
vegan fish and chips:banana blossom in home-made beer batter with peas and fries	15		

We offer food prepared with allergen free ingredients. However, our food is produced in an environment where allergen containing ingredients are prepared. Therefore, we cannot guarantee allergen free food.