

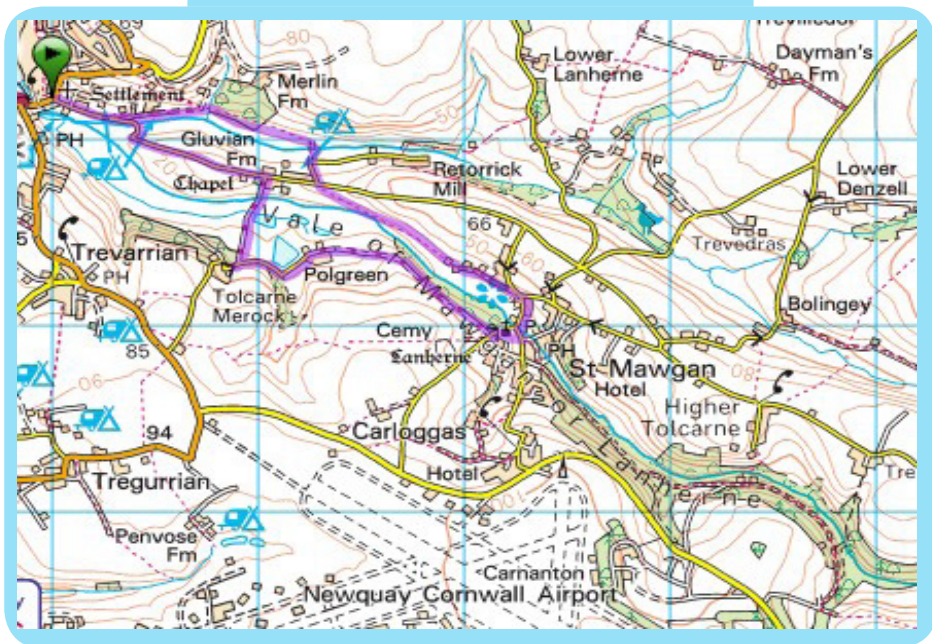
## THE PARK'S DOG WALKING GUIDE

One of the best things about being on holiday with your dog is getting out and about to explore the local area. Cornwall offers a host of scenic walks, from inland meanderings through lush fields and historic villages, to dramatic inclines along the stunning Cornish coastline. So don your walking boots, fill up your water bottles, grab the dogs lead and get off the beaten track with our favourite walks.

### WALK 1

PORTH to ST MAWGAN | Distance 4 miles

Starting point – The Park, Mawgan Porth



#### Step 1:

It begins! From the main onsite carpark follow our bridleway left until you reach the end of the 'Eco Terrace holiday homes'. If you continue to follow the track straight ahead, you will reach a waymark and footpath sign.

The Park, Mawgan Porth,  
Cornwall, TR8 4BD

t 01637 860322

e hello@theparkcornwall.com

theparkcornwall.com



#theparkcornwall



Turn right down the footpath signposted to 'St Mawgan' and cross the stream, then follow the path until it eventually reaches a footbridge over the river. Cross the footbridge and follow the path for a short distance until you reach a lane.

### Interesting fact...

The River Menalhyl, which meets the sea at Mawgan Porth, is about 12 miles long and had a number of mills along its length. The name of the river comes from the Cornish words melyn, meaning mill, and heyl, meaning estuary.

### Step 2:

Bear right onto the lane and follow it uphill until you reach a junction opposite Menalhyl Yard. Go through the pedestrian gate into Menalhyl Yard and continue towards another gate ahead. Follow the pathway to the left of the gate and across the meadow until you eventually reach a stile.

Upon arrival at the stile follow the path through the trees until it eventually emerges beside a public footpath sign onto a track. Follow the lane away from Windsor Mill until it ends at a crossroads beside a public footpath sign.

Turn right at the crossroads and follow the lane downhill and over a bridge to a junction where you need to turn left, following the lane to the entrance of the churchyard, opposite the Falcon Inn.

### Interesting fact...

The Falcon Inn dates back to, at least, the 16th Century. In 1780, the pub was known as the Gardeners Arms and was later renamed The Falcon due to its association with the Willyams family of the Carnanton estate whose coat of arms features a falcon.

### Step 3:

Turn right through the archway into the churchyard and follow the path to the church door. From here, climb the steps and follow the path through a gate out of the churchyard until you reach a lane.

Turn left, then ALMOST IMMEDIATELY bear right through a farm gate opposite the cottage. Follow the track through the field to reach a farm gate on the other side. Go through the gate and continue along the track to another gate in the far hedge. A lot of gates, we know. Go through this gate and follow the track to a final gate.

### Interesting fact...

RAF St Mawgan was originally a civilian airfield that was requisitioned in the Second World War as a satellite of the nearby St Eval airfield. After the war, it was reopened as a Coastal Command base for maritime reconnaissance which continued until the 1990s. It is also believed that the US Government built an underground bunker housing nuclear warheads during the Cold War.

## FINAL STEP:

Go through the gate onto a lane, follow this past Polgreen Manor and the lakes. Continue beneath the trees until you reach a track on the right marked “Unsuitable for Motor Vehicles”. Turn right and follow the track until it ends at a lane. Turn left on the lane and finally follow it back to Mawgan Porth!

### Interesting fact...

The name Mawgan Porth has arisen from the Cornish name - Porthmaugan, in use in the 18th Century. However, in mediaeval times, it was known by a completely different name - Porthglyvyan - which translates to something along the lines of “cove of the wooded valley stream”.

## WALK 2

### CIRCLING THE BEDRUTHAN STEPS COAST | Distance 5 miles.

STARTING POINT – Pentire Farm Car Park



## Step 1:

From the car park, follow the track marked “Footpath to Porth Mear”. Continue and you will reach a public footpath sign on the right beside a gate. Go through the gate on the right and in the field, follow along the wall on your left. At the end of the wall, bear left to a gateway in the left hedge. Go through the gateway and bear right slightly, crossing the field in the direction of the sea until you reach a kissing gate in the bottom corner of the far hedge. Kiss partner or dog.

Go through the kissing gate, follow the path along the walkway until it ends in a junction with the coast path at a waymark. Turn left onto the coast path and follow it uphill to another kissing gate.

### Interesting fact...

Porthcothan beach is about a quarter of a mile along the coast path to the right so you can optionally extend the walk at this point, returning here to continue on the main circular route.

## Step 2:

Go through said previously mentioned kissing gate and follow the path up the headland until you can see a bench on your right and a waymark on your left. Keep left to reach the waymark. From here, continue on the path past another slate waymark, then along the right side of a wall, then finally past one more slate way mark until the wall ends!

.At the end of the wall, keep right on the path along the coast and follow it until you reach another slate waymark.

From here, turn left and follow the path to a waymark at the end of a wall. Keep right on the path along the coast to eventually reach a wooden waymark to Mawgan Porth, at the end of a wall beside a gate.

### Interesting fact...

At the slate waymark, a path to the right leads out onto Park Head where the remains of an Iron Age hillfort can be seen. The low plateau is surrounded by ramparts which are believed to date from the first century BC.

## Step 3:

At the Mawgan Porth waymark, continue along the coast to reach a kissing gate. Go through and follow the path until you reach a fork. Keep right here, along the coast and follow the path, until the inland path re-joins it at a waymark. From the waymark, continue along the path until you reach a fork in the path at another waymark.

Take a path right, along the coast and follow the waymarks until you eventually join a cobbled path, at the base of a flight of slate steps. Bear left and climb the steps, then follow the cobbled path to a waymark. Keep left, following signs for the shop and café. Follow the path into the main National Trust Bedruthan Steps car park. Bear left across the car park to the green shed, follow the drive until it ends on a road. Turn right and carefully walk along the road (crossing before the bend), to reach a footpath sign at the bend, on the left. Cross the stile beside the footpath sign and continue across the field to a stile and gate, just to the right of the church tower on the skyline. Cross the stile and turn right onto the track and follow it to a junction.

## Step 4:

Keep right at the junction and follow the track to join a lane. Don't be put off by any outdated signs about the section of track from the footpath sign to the white gate not being a Public Right of Way as the CORMAC Countryside Team have confirmed that this road is officially part of the Public Highway, road number U6118. Follow the lane until it ends at a junction.

At the junction, turn left then left again, signposted to Old Grain Store. Follow the lane until you reach a public footpath sign, just past Tregona Cottage.

Go through the gateway on the left, marked as a public footpath, and head downhill to a stile behind a pile of rocks, just past the gateway in the middle of the left hedge.

### Interesting fact...

In the middle of the field there is a standing stone, known as Treburrick menhir. It is formed from white quartz and is over 6ft tall.

## FINAL STEP:

You're almost there, not unlike Frodo at the end of his great ring-baring journey. Cross the stile and bear right, across the field to the bottom corner with the far hedge where there is another stile. Cross the stile and footbridge into a riverside meadow. Bear right along the meadow to another stile in the far left corner.

Cross the stile onto the road. Turn left and walk, carefully, a short distance along the road until you reach a junction, to the right, with a sign for Park Head. Turn right onto the lane to Park Head and follow it back to the car park.

## WALK 3

AROUND WATERGATE BAY | Distance 4 miles

STARTING POINT - Sunhaven Campsite



## Step 1:

From Sunhaven, go under the main arch and turn right. Walk along the road for 200 metres and turn left down the track just past the barn at Gluvian Farm. Follow the sign to the ford at the bottom of the track then cross over the bridge and continue along the track. Bear right to go around the house "Tolcarn Merock", carry on until you reach the road junction at the top of the hill.

Cross the road to the footpath and over the two fields - or walk around the edge if there are crops growing. You will be walking alongside the "Cornish Hedges" (dry stone walling with turf on top) and should just be able to see the sea to the right.

In the corner of the second field, join the road and turn right towards Tregurrian.

## Step 2:

Follow the road right through to the T junction just short of the clifftop fields, where you will join the coast road. Turn left down into Watergate Bay. NB - In high season there is a procession of traffic on this short stretch, so keep your pooch on a tight lead.

Once in Watergate Bay you have plenty of choices to refresh and re-fuel. We love The Beach Hut which is located just off Watergate Beach and is dog friendly.

When you are ready to make the return journey; leave Watergate Bay on the coast road going north, which is up the hill alongside the main hotel. On the left you will see a small 'finger sign' directing you to the coastal path which is accessed by a steep path at the back of the buildings.

### Interesting fact...

Porthcothan beach is about a quarter of a mile along the coast path to the right so you can optionally extend the walk at this point, returning here to continue on the main circular route.

## FINAL STEP:

Walk up and around 'Strasse Cliff' and 'Stem Point', rounding the point to look back towards the wide expanse of Watergate Bay beach.

Continue along the coast path and when you get to Griffens Point look out for the Iron Age fort and its ramparts and ditches. Once around Griffens Point, descend the steps to a footbridge crossing a small stream before climbing up again towards Beacon Cove.

Keep following the path, taking care around the horseshoe shaped 'Beacon Cove', remaining at high level, where the path runs quite near the cliff edge.

You will soon see Mawgan Porth appear below you as you round 'Berryl's Point' back down into Mawgan Porth village and back to The Park.